



PROSPERITY

Manifesting through Mantra

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“This mantra brings wealth. You may practice this kriya at home. It is not difficult, but it will change the entire chemistry of your blood and give you a new beginning.”
—Yogi Bhajan

As mantra is the mind's relationship to the cosmos, every single word you say is a confirmation of that relationship. “I'm broke,” “I can't afford that,” and similar statements reinforce again and again that there is no room for financial prosperity in your life. Statements, spoken in word or in thought, such as: “I'm no good in relationships,” “I'm so unfit,” “I'm always sick,” “Life sucks,” reinforce this negative structure in your physical reality and ensure that there will be no prosperity in your health, your relationships, or any part of your life. For the next 40 days, simply refuse to speak or think these thoughts. Instead, say things like, “My prosperity is increasing and soon I will afford that with ease,” “I am working towards being more comfortable with my budget,” “Prosperity is coming to me.” These comments, instead of excluding prosperity, actually invite it in. Say things like, “I see this challenge as an opportunity to grow and excel in life,” “I love myself enough to start an exercise program that can work for me,” “I am beautiful, bountiful and blissful.”

Here is a mantra that you can practice at home to create prosperity in your life.

Mantra:

Har Har Har Har Gobinday
Har Har Har Har Mukanday
Har Har Har Har Udaaray
Har Har Har Har Apaaray

Har Har Har Har Hareeang
Har Har Har Har Kareeang
Har Har Har Har Nirnaamay
Har Har Har Har Akaamay

Translation:

Gobinday: sustaining
Mukanday: liberating
Udaaray: enlightening
Apaaray: Infinite
Hareeang: destroying
Kareeang: creating
Nirnaamay: nameless
Akaamay: desireless

Har is the original force of creativity.

This mantra is known as the *Guru Gaitri Mantra* with *Four Hars*. It fixes the mind to prosperity and power. It contains the eight facets of Self. The four repetitions of *Har* give power to all aspects and provide the power to break down the barriers of the past. It converts fear into the determination to use and expand the reserve energy of the Navel Point. It invokes guidance and sustenance; all powers come to serve your true purpose.

